

Group Supervision

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| Policy # SC-04.1 | Approved December, 2020 | Authority Board of Directors | Responsibility <ul style="list-style-type: none"> • Registrar • Registration Committee |
| Related Policy & Procedures SC-04.0 SC-03.0 | Amendments | Supporting Legislation/Regulation/By-Laws <ul style="list-style-type: none"> • <i>Regulations 7(2)(a); 8(a)(b)</i> | |

Policy

Registered Counselling Therapy Candidates may, at their discretion, elect to obtain ten (10) hours of supervision by a qualified supervisor as part of a learning group. Group hours are in addition to the fifty (50) hours of direct individual supervisor contact hours required by the College, and therefore do not accrue toward hours needed over the candidacy period.

Learning groups are to be arranged by an approved supervisor who has expressed a willingness to provide group supervision as part of their supervisory role with a particular candidate.

Candidate Responsibilities

Registered Counselling Therapy Candidates participating in group supervision shall:

- Ensure that their supervisor is approved by the College
- Refrain from discussing cases within the group without prior consent of each client
- Be bound by the requirements of confidentiality as it applies to information obtained within the group

Supervisor Responsibilities

Supervisors who provide group-learning opportunities for RCT-Cs shall:

- Ensure that learning groups are limited to a maximum of six (6) candidates
- Ensure, to the extent possible, that learning groups are comprised of a consistent membership

- At the beginning of each group session, refresh members about their ethical obligations regarding confidentiality in the group learning context
- Ensure that each candidate has obtained consent from clients who are the subjects of discussion/disclosures during group sessions
- Provide each Candidate with regular individualized feed-back related to the objectives of group sessions
- Set a supervisory stipend that fairly reflects the reduction in one-on-one supervisor/candidate contact time during group interactions

Supervisors who provide group-learning opportunities for RCT-Cs may:

- Assemble groups consisting of individuals at various stages of their candidacy
- With the agreement of each group member, conduct group sessions via videoconferencing

Note: Supervisors who would like to conduct group learning are encouraged to seek additional training specific to the task when such workshops are made available through the College or other source.

Purpose

To expand available learning modalities open to candidates and supervisors.

To allow candidates an opportunity to learn within an expertly supervised community of practice.

To provide a mentored opportunity for candidates to engage in the process of peer learning and consultation.

To make the responsibilities of supervisors and candidates clear and accesible.