



Schedule of Approved Candidacy Supervisors

CURRENT AS OF DECEMBER 2025

The following table contains the names and contact information for RCTs and other mental health professionals** who qualify as Candidacy Supervisors.

The list does not make any claim regarding the willingness or availability of a named individual to supervise a particular candidate. The table is meant only as a resource to RCT-Cs seeking an approved supervisor.

As per policy *Change of Supervisor During Candidacy Period*, in the case where a supervisor is suddenly and without prior notice, unable to continue their duties, the Candidate must immediately contact the Registrar to arrange emergency supervision, before resuming direct client contact.

The Registration Committee will be responsible for overseeing the updating of the list on an annual basis to ensure currency. The list is considered complete only at the time of its last update, and may be revised without notice by the Registrar.

Note: Candidacy Supervisors whose names are marked as Inactive have indicated that they are *not currently accepting Candidates* and wish not to be contacted until their status is changed to Active.

Note: It is important that a proposed supervisor is not 1) a family member or relative of the candidate, or 2) an employer, manager or contractor of the candidate during the duration of candidacy.

Supervisors marked with * have expressed their willingness to take on emergency interim supervision. The need for an emergency supervisor will be determined by the Executive Director/Registrar.

CURRENT AS OF DECEMBER 2025

CCS = Canadian Clinical Supervisor

ALPHABETICAL BY LAST NAME:

NAME	RCT #	LOCATION	PHONE	EMAIL	ACTIVE/ INACTIVE
A					
Valentin Angardi	RCT-25-022	NS, ON	519.830.7170	valentin@purplehousepsychotherapy.ca	Active*
Alison Arthur	RCT-13-004 (CCS)	Bridgetown Virtual & In Person	902.309.1055	alison@novanectar.ca	Active*
Susan Austin	RCT-20-029	Richmond, BC	1.250.228.029 1	susanhmaustin@gmail.com	Inactive
B					
Erica Baker-Gagnon	RCT-19-004	Dartmouth	902.593.0753	sarah@diverserootstherapy.com	Active
Jennifer Banks	RCT-21-045	Bedford	902.266.3311	info@smbcounselling.ca	Active
Kyle Bellehumeur	RCT-22-018			kyle@hrmcounselling.com	Active*
Elizabeth Berlasso	RCT-04-005	Halifax	902.830.9761	eaberlasso@gmail.com	Active

Joe Bishara	RCT-12-007		902.774.2276	joe.bishara@tcrce.ca	Inactive
Kendra Blackburn	RCT-22-024	Bedford	902.707.3701	info@kbcounsellingtherapy.com	Inactive*
Kayla BreeLove Carter	RCT-20-030/LCT17-097 (NB)	New Brunswick	506.248.0639	kayla@breeLove.ca	Active
Kelly Brenton	RCT-24-050	Kentville	709.730.6272	kelly.brenton@valleyinnerspace.ca	Active
Valerie Brown	RCT-18-015	Truro	902.579.0811	livingwellcounsellingtherapy@gmail.com	Inactive*
Mike Buckley	RCT-00-004	Bedford	902.346.2158	mike@thecompassrose.ca	Active
M. Betty-Ann Buott	RCT-16-009	Wolfville	902.670.61.90	mbettyannbuott@ns.sympatico.ca	Active
Felicia Burchell	RCT-12-001	Dartmouth	902.222.5022	spectrumcounsellingtherapy@gmail.com	Active*
Emily Bushell	RCT-19-022 (CCS)	Dartmouth	902.461.1721	emily@wholetherapy.ca	Active
C					
Brock Caldwell	RCT-19-020	Halifax	902.580.0869	brockcaldwell@hotmail.com	Active
Kelly Call	RCT-22-006			kelly@reverycs.ca	Inactive
Robin Cann	AA-117, NSCSW: 2960	Cumberland County	902.664.4291	robin.cann@nshealth.ca	Active
Nick Cardone	RCT-18-026	Halifax	902.456.3613	nhcardone@gmail.com	Active
Susan Carpenter	RCT-17-010	Beechville/Clayton Park	902.448.0559	susanerincarpenter@gmail.com	Active
Meagan Chaffey	RCT-23-013	Virtual	902.414.4408	meagan@therapywithmeagan.ca	Active*

Elizabeth Clarke	RCT-21-054	Timberlea	902.456.4960	liz@elizabethclarke.ca	Active*
Kyle Cleversey	RCT-19-024	Halifax	782.825.0116	kyle@divergentpathscounselling.com	Active
Laura Cohen	RCT-18-013	Halifax	438.877.3144	info@lauracohen.org	Inactive
Roseita Corbett	RCT-17-021	HRM	902.499.7783	roseitamcorbett@gmail.com	Inactive*
Riccardo Cordi	RCT-13-009	Halifax	514.991.5509	riccardocordi@gmail.com	Active*
Gail Crofton	RCT-04-003	Halifax	902.670.3530	croftonkerr@gmail.com	Active
Cailin Crosby	RCT-21-014	Halifax/virtual	416.206.7874	cailincrosbytherapy@gmail.com	Active
Andrea Currie	RCT-15-001	Port Hood	902.623.0160	andreacurrie03@hotmail.com	Active*
D					
Lisa Dexter	RCT-18-008	Dartmouth	902.222.9854	aardvarkcounselling@gmail.com or lisa@mlfamilycounselling.com	Active*
Heather Deighan	RCT-22-027	Dartmouth	902.209.3870	info@mendedpathways.ca	Active*
Michael Donaldson	RCT-00-013	Yarmouth / Middleton	902.229.8924	mikesdonaldson223@gmail.com	Inactive
Jane Donovan	RCT-09-001	Halifax	902.802.7603	Janedonovan25@gmail.com	Active*
John Driscoll	RCT-08-003	Dartmouth	902.401.5308	jadris@eastlink.ca	Inactive
George Dunne	RCT-23-011			dunnegeorge3@gmail.com	Active
F					

Christine Fall Moore	RCT-14-010	Lower Sackville	902.401.5364	neuroanchorpsychotherapy@live.ca	Active*
Shelley Fillmore	RCT-19-018	Dartmouth	902.229.4578	saefillmore@gmail.com	Inactive
Theresa Fraser	RCT-18-009	Pictou	902.301.9192	maritimeptc@gmail.com	Active
Kyla Friel	RCT-20-015	Bedford	902.403.1767	kvfriel@gmail.com	Inactive
G					
Kristi Garrido	RCT-22-031	Truro	902.895.4251	kristi@headstarttherapy.ca	Active
Christina Gentile	RCT-25-003 (CCS)	South Alton, NS	902.692.9691	ctinagentile@gmail.com	Active*
Carla Gillis	RCT-21-036	Dartmouth	902.202.4390	carlagillistherapy@gmail.com	Inactive
Janice Graham-Migel	RCT-01-001 (CCS)	Halifax	902.497.9241	janice.graham@acadiau.ca	Inactive
Heather Gray	RCT-23-008	Wolfville	902.580.2425	info@heathergraycounselling.ca	Active*
Jacqueline Greenough	RCT-16-013	Dartmouth	902.233.7883	jacqueline@wholetherapy.ca	Inactive
Lorna Griffin-Fillier	AA-118, NSCSW: 2286	Waverley	902.860.1597	lorna.griffin-fillier@nshealth.ca	Inactive
H					
Cindy Hall	RCT-17-005			cindyhall04@gmail.com	Active
Katie Hanczaryk	RCT-18-004	Bedford	902.979.3713	katie@wildarttherapy.com	Active*
Janice Hartley	RCT-22-003	Bedford	902.412.1557	janice.hartley@atclinic.ca	Active

Sarah Hopkins	RCT-21-002	St. Margaret's Bay	902.401.8499	sarah@sarahhopkinscounselling.ca	Inactive
Jeff Hosick	RCT-01-037	Halifax	902.678.0538	jeff@jeffreyhosick.com	Active
J					
Danielle Jakubiak	RCT-21-057	Halifax	902.989.3153	danielle@tindrumtherapy.ca	Active*
Donnie Jeffrey	RCT-00-019			donnie.jeffrey@lifemark.ca	Active
Marlene Johns	RCT-18-023	Bedford	902.499.2107	marlenejohns@hotmail.com	Active
Brenda Johnson	RCT-15-002	Annapolis Valley	902.692.1662	soundconnectionstherapy@gmail.com	Active
Karen Johnston	RCT-00-061 (CCS)	Bedford	902.476.1221	kjhcounselling@outlook.com	Active*
Belinda Josephson	RCT-00-024	Bridgewater	902.527.6767	g.josephson@eastlink.ca	Inactive
K					
Lorraine Keating	RCT-22-028		902.401.4353	cvjshaughnessy@icloud.com	Active
Jocelynn Keilty	RCT-14-001	Amherst	902.667.3879	jocelynn.keilty@nshealth.ca	Active
Tara Lee Kelly	RCT-18-022			tkelly@ssrce.ca	Active
Erika Kirk	RCT-24-009	Blockhouse, NS	902.646.0090	kirkcounsellingservices@gmail.com	Active
Darlene Kyte	RCT-24-032 (CCS)	Sydney, NS	782.828.8114	darlenekyte@gmail.com	Active*
L					
Michelle Labine	RCT-21-059	Bedford/Dartmouth	519.949.1548	michelle@mlfamilycounselling.com	Active*

Sara Lamb	RCT-07-003	Halifax/St. Margaret's Bay	902.473.0813	sara@saralamb.ca	Inactive
Midge Lane	RCT-00-005	Wolfville	902.542.1109	midgelane@outlook.com	Inactive
Ron Lehr	AA-109 , NSBEP: 0334	Port George	902.309.4165	ron.lehr@acadiau.ca	Inactive*
Tanya Levy	AA-112 , NSCSW:1751	Port Hawkesbury	902.631.5340	caperpoet@gmail.com	Active
Erica Lundberg	AA-115 , NSBEP: R0931	Halifax	902.490.0090	erica@aulakhpsychology.ca	Active
M					
Sheila MacCrimmon	RCT-00-044	Halifax	902.877.1840	sheila.maccrimmon@gmail.com	Active
Jeff MacDonald	RCT-15-006	Dartmouth	902.489.9348	actualizecounselling@gmail.com	Inactive
Mora MacDonald	RCT-20-005	New Brunswick	506.364.7551	morabullydog@gmail.com	Inactive
Rebecca MacDonald	RCT-22-029	Kentville	782.821.3519	rebecca@adaptivemindset.ca	Active
Margaret MacDonell	RCT-14-002	Halifax	902.431.3916	mmc@bellaliant.net	Inactive
Linda MacDougall-Penner	RCT-20-014			linda.macdougallpenner@nscc.ca	Active*
David MacKeigan	AA-111 , NSCSW: 1942	Sydney	902.574.1937	david.mackeigan@gmail.com	Active*
Carolyn MacKenzie	RCT-00-057	HRM	902.489.8726	cmackenzie@shsh.ca	Active*
Lisa Mader	RCT-10-003	Halifax & Virtual	902.221.6520	lisa.mader@nscc.ca	Active*
Leland Maerz	RCT-13-007	Halifax	902.877.1840	guruleland@gmail.com	Inactive

Cynthia Manley	RCT-22-011	Bedford	902.759.5761	cmanley@shiftingtidesplaytherapy.com	Active
Deanne Matheson	AA-121 , NSCSW: 6301	Sydney	902.595.0870	deanne@thrivecapebreton.com	Active*
Derrick McEachern	RCT-13-003	New Minas	902.698.1194	derrickmceachern@gmail.com	Active*
Jessica McEachern	RCT-24-061	Dartmouth, Shubenacadie	902.789.4121	jessicamceachern@gmail.com	Active*
Erica McGill	RCT-08-002	Wolfville	902.670.3576	ericajmcgill@acadiau.ca	Inactive
Rhonda McLean	RCT-13-001	Halifax	902.430.5670	rmclean065@gmail.com	Active
Janice Michels	RCT-22-002	Dartmouth	902.440.2267	janice@archwaycounselling.ca	Active
Ruth Mitchell	RCT-15-013	Truro	902.843.1303	ruth@soulspacet.ca	Active
Sandra Murray	RCT-15-008	Halifax	902.521.4223	sandrac@ns.sympatico.ca	Inactive
N					
Kathleen Naylor	RCT-14-007	Chester	902.299.3535	counselling.knaylor@gmail.com	Inactive
P					
April Pater	RCT-21-051	Online, NS	902.774.3237	aprilpatercounselling@gmail.com	Active
Rob Pepper	RCT-25-027	Berwick		rob@couragetobe.ca	Active
Terri Pitts	RCT-21-026			terripitts@gmail.com	Active
Darlene Porter	RCT-12-009	Tidnish Bridge	902.669.0295	darleneporter@live.ca	Inactive

Gordon Power	RCT-17-001	Halifax	902.499.3757	gordonpower@eastlink.ca	Inactive
R					
Jillian Rankin	RCT-21-006	Dartmouth	902.870.3448	rankincounselling@outlook.com	Active
Sue Robinson	RCT-00-036	East LaHave	902.766.4432	suerobinson@eastlink.ca	Inactive*
Maxie Rose	RCT-24-065	Amherst	902.690.7616	maxie.rose@icloud.com	Inactive
Eric Ross	RCT-17-004	Dartmouth	902.818.3245	eric@attunecounselling.ca	Active*
Pamela Rubin	RCT-18-018	Halifax & Virtual	902.489.0944	pamelajanerubin@gmail.com	Active
Mercedes Ruiz Fernandez	RCT-20-037			info@ourhealingconnection.com	Active
S					
Holly Sher	RCT-21-016			hollysher@therapysecure.com	Active
Lori Slaunwhite	RCT-20-004	Bridgewater & Pictou	902.514.4144	lori@mindfulpath.ca	Active*
Maya Sloan	RCT-21-044	Halifax	902.499.3428	maya@mayasloan.ca	Active*
Derek Smith	RCT-21-048	Halifax		derek@verdantcounselling.ca	Active
Jennifer Smith	RCT-21-019			jennsmithcounselling@gmail.com	Inactive
Jules Smith	RCT-20-027	Halifax (virtual)	902.417.5077	info@insightmentalhealth.ca	Active
Ashley Spinney	AA-120 , NSCSW: 7895	Antigonish	902.448.4468	ashley@mindhousewellness.com	Inactive

Elizabeth Stephen	RCT-01-013	Halifax	902.229.6666	elizabeth.stephen@ns.sympatico.ca	Inactive
Kim Strange	RCT-16-003	Dartmouth	902.225.4970	kim@kimberlystrangecounselling.ca	Active*
Philip Street	AA-114 , NSBEP: R0071	Blockhouse	902.529.1559	philip.street@bellaliant.net	Inactive
Laurie Sutor	RCT-21-056	Port Hawkesbury	902.302.0869	lsutorcounselling@gmail.com	Active*
Tanya Surette	AA-100 , NSBEP:R0933 (CCS)	Kentville	902.309.0673	tanya.surette@acadiau.ca	Active*
T					
Ashley Ticknor	RCT-22-008	Online	519.639.6090	ashley@changecreateschange.com	Active*
Lynn Toole	RCT-00-055	Truro	902.897.2880	lynnatoole@gmail.com	Active
Heather Topshee	RCT-17-002	Halifax	902.448.3342	htopshee@hrce.ca	Active
Nathan Torti	RCT-17-022	Bedford	902.977.2244	nathan@wildarttherapy.com	Active
V					
Cameron Voegeli	RCT-21-033	Truro	902.814.6052	cameron@cdtherapy.ca	Active*
Derek Voegeli	RCT-21-027	Truro	902.536.1881	frederick.voegeli@gmail.com	Active
W					
Sue Ward	RCT-12-005	Middleton	902.825.7157	wardsue02@gmail.com	Inactive
Jennifer Welcher	RCT-21-018 (CCS)	Lower Sackville	902.229.0948	deservecounselling@gmail.com	Active*

Julia Wiens	RCT-24-054	Dartmouth	604.302.0185	juliawienstherapy@gmail.com	Active
Nanci Wojcik	RCT-20-018	Dartmouth	902.233.8685	nanciwojcik@hotmail.com	Inactive
Melyssa Wood	RCT-21-020	Dartmouth	902.482.8020	melyssa@mwwellness.ca	Active*
Alex Wolf	RCT-21-007	Halifax	902.903.6454	alex@wolfct.ca	Active
Z					
Nick Zwaagstra	RCT-11-004	Halifax	902.499.4354	nzwaag@ns.sympatico.ca	Inactive

**As of February 1st, 2021, the NSCCT will no longer approve non-RCTs to supervise RCT-Candidates. Registrants of the NSBEP or the NSCSW who currently appear on the list remain available to RCT-Cs for consideration where appropriate. All non-RCT supervisors will be granted Affiliate status with the College as an Associate.

PUPRPOSE

To assist RCT-C applicants in finding a qualified candidacy supervisor.

To expedite the process of approving supervisor-candidate pairs.

Approved: December 2020
Effective: December 2020
Revised: July 2023