NSCCT
NOVA SCOTIA COLLEGE OF COUNSELLING THERAPISTS

Schedule of Approved Candidacy Supervisors

CURRENT AS OF OCTOBER 2026

The following table contains the names and contact information for RCTs and other mental health professionals** who qualify as Candidacy Supervisors.

The list does not make any claim regarding the willingness or availability of a named individual to supervise a particular candidate. The table is meant only as a resource to RCT-Cs seeking an approved supervisor.

As per policy *Change of Supervisor During Candidacy Period*, in the case where a supervisor is suddenly and without prior notice, unable to continue their duties, the Candidate must immediately contact the Registrar to arrange emergency supervision, before resuming direct client contact.

The Registration Committee will be responsible for overseeing the updating of the list on an annual basis to ensure currency. The list is considered complete only at the time of its last update, and may be revised without notice by the Registrar.

Note: Candidacy Supervisors whose names are marked as Inactive have indicated that they are *not currently accepting Candidates* and wish not to be contacted until their status is changed to Active.

Note: It is important that a proposed supervisor is not 1) a family member of relative of the candidate, or 2) an employer, manager or contractor of the candidate during the duration of candidacy.

Supervisors marked with * have expressed their willingness to take on emergency interim supervision. The need for an emergency supervisor will be determined by the Executive Director/Registrar.

**As of February 1st, 2021, the NSCCT will no longer approve non-RCTs to supervise RCT-Candidates. Registrants of the NSBEP or the NSCSW who currently appear on the approved supervisor list remain available to RCT-Cs for consideration where appropriate and have been granted Associate affiliate status with the College.

CURRENT AS OF OCTOBER 2026 **CCS = Canadian Clinical Supervisor**

ALPHABETICAL BY LAST NAME:

NAME	RCT #	LOCATION	PHONE	EMAIL	ACTIVE/ INACTIVE
A					
Valentin Angardi	RCT-25-022	Ontario	519.830.7170	valentin@purplehousepsychotherapy.ca	**Inactive**
Alison Arthur	RCT-13-004 **(CCS)**	Bridgetown Virtual & In Person	902.309.1055	alison@novanectar.ca	**Active***
Susan Austin	RCT-20-029	Richmond, BC	1.250.228.0291	susanhmaustin@gmail.com	**Inactive**
B					
Erica Baker-Gagnon	RCT-19-004	Dartmouth	902.593.0753	admin@diverserootstherapy.com	**Active**
Jennifer Banks	RCT-21-045	Bedford	902.266.3311	jennifer@smbcounselling.ca	**Active**

Kyle Bellehumeur	RCT-22-018	East Lawrencetown	902.700.9611	kyle@hrmcounselling.com	**Active***
Elizabeth Berlasso	RCT-04-005	Halifax	902.830.9761	eaberlasso@gmail.com	**Inactive***
Joe Bishara	RCT-12-007		902.774.2276	joe.bishara@tcrce.ca	**Inactive***
Kendra Blackburn	RCT-22-024	Bedford	902.707.3701	info@kbcounsellingtherapy.com	**Active**
Kayla Breelove Carter	RCT-20-030	Virtual	506.248.0639	kayla@breelove.ca	**Active***
Kelly Brenton	RCT-24-050	Coldbrook		kelly.brenton@valleyinnerspace.ca	**Active**
Lisa Broadhurst	RCT-24-005	Lunenburg	902.640.6565	lisa@compassionateconnectiontherapy.com	**Active**
Tim Brodie	RCT-24-030	Halifax	902.997.1721	TimBrodie@TheBrodies.ca	**Active**
Valerie Brown	RCT-18-015	Truro	902.579.0811	livingwellcounsellingtherapy@gmail.com	**Inactive***
Mike Buckley	RCT-00-004	Bedford	902.346.2158	mike@thecompassrose.ca	**Active**
M. Betty-Ann Buott	RCT-16-009	Wolfville	902.670.61.90	mbettyannbuott@ns.sympatico.ca	**Active**
Felicia Burchell	RCT-12-001	Dartmouth	902.222.5022	feliciaburchell@spectrumtherapeuticsolutions.ca	**Active***
Emily Bushell	RCT-19-022 **(CCS)**	Dartmouth	902.461.1721	emily@wholetherapy.ca	**Active**
C					
Brock Caldwell	RCT-19-020	Halifax	902.580.0869	brockcaldwell@hotmail.com	**Active***

Kelly Call	RCT-22-006	Lower Sackville	902.989.6883	kelly@reverycs.ca	**Active**
Robin Cann	**AA-117,** NSCSW: 2960	Cumberland County	902.664.4291	robin.cann@nshealth.ca	**Inactive**
Nick Cardone	RCT-18-026	Halifax	902.456.3613	nhcardone@gmail.com	**Active**
Susan Carpenter	RCT-17-010	Halifax/Timberlea	902.448.0559	susanerincarpenter@gmail.com	**Active**
Meagan Chaffey	RCT-23-013	Virtual	902.414.4408	meagan@therapywithmeagan.ca	**Active***
Elizabeth Clarke	RCT-21-054	Timberlea	902.456.4960	liz@elizabethclarke.ca	**Active***
Kyle Cleversey	RCT-19-024	Dartmouth	782.825.0116	kyle@divergentpathscounselling.com	**Inactive**
Laura Cohen	RCT-18-013	Halifax	438.877.3144	info@lauracohen.org	**Inactive**
Roseita Corbett	RCT-17-021	HRM	902.499.7783	roseitamcorbett@gmail.com	**Inactive***
Riccardo Cordi	RCT-13-009	Halifax	514.991.5509	riccardocordirct@gmail.com	**Active***
Gail Crofton	RCT-04-003	Halifax	902.670.3530	croftonkerr@gmail.com	**Active**
Cailin Crosby	RCT-21-014	Halifax/virtual	416.206.7874	cailincrosbytherapy@gmail.com	**Active**
Andrea Currie	RCT-15-001	Port Hood	902.623.0160	acurr212@gmail.com	**Active***
D					
Stephanie Dean-Moore	RCT-21-017	Fall River	902.580.7743	stephanie@tidalstonecounselling.com	**Inactive**
Heather Deighan	RCT-22-027	Dartmouth	902.209.3870	info@mendedpathways.ca	**Active**

Lara Dempster	RCT-23-024	Dartmouth	902.292.6168	lara@dempstercounselling.com	**Active**
Lisa Dexter	RCT-18-008	Dartmouth	902.222.9854	lisa@risecounsellingcollective.com or aardvarkcounselling@gmail.com	**Active***
Michael Donaldson	RCT-00-013	Arcadia	902.229.8924	mikesdonaldson223@gmail.com	**Active**
Jane Donovan	RCT-09-001	Halifax	902.802.7603	Janedonovan25@gmail.com	**Active***
John Driscoll	RCT-08-003	Dartmouth	902.401.5308	johnadriscoll@icloud.ca	**Inactive**
George Dunne	RCT-23-011			dunnegeorge3@gmail.com	**Active**
F					
Christine Fall Moore	RCT-14-010	Lower Sackville	902.401.5364	neuroanchorpsychotherapy@live.ca	**Active***
Shelley Fillmore	RCT-19-018	Dartmouth	902.229.4578	saefillmore@gmail.com	**Inactive**
Theresa Fraser	RCT-18-009	Pictou/Virtual		maritimeptc@gmail.com	**Active***
Kyla Friel	RCT-20-015	Bedford	902.403.1767	kvfriel@gmail.com	**Inactive**
G					
Kristi Garrido	RCT-22-031	Truro	902.895.4251	kristi@headstarttherapy.ca	**Active**
Christina Gentile	RCT-25-003 **(CCS)**	Kentville	902.692.9691	ctinagentile@gmail.com	**Active***
Carla Gillis	RCT-21-036	Dartmouth	902.202.4390	carlagillistherapy@gmail.com	**Inactive**
Lynette Gillis	RCT-21-029	Dartmouth	902.880.4132	therapy@lynettegillis.com	**Inactive**

Janice Graham-Migel	RCT-01-001 **(CCS)**	Halifax		janice.graham@acadiau.ca	**Active**
Heather Gray	RCT-23-008	Wolfville	902.580.2425	info@heathergraycounselling.ca	**Active***
Jacqueline Greenough	RCT-16-013	Dartmouth	902.233.7883	jacqueline@wholetherapy.ca	**Inactive**
Lorna Griffin-Fillier	**AA-118,** NSCSW: 2286	Waverley	902.860.1597	lorna.griffin-fillier@nshealth.ca	**Inactive**
H					
Natalie Hache	RCT-24-020	Halifax	902.223.1502	nataliehache.rctgmail.com	**Active***
Cindy Hall	RCT-17-005			cindyhall04@gmail.com	**Active**
Katie Hanczaryk	RCT-18-004	Bedford	902.979.3713	katie@wildarttherapy.com	**Active***
Janice Hartley	RCT-22-003	Bedford	902.412.7022	janice.hartley@atclinic.ca	**Active***
Kelly Hogan	RCT-25-060	Dartmouth	902.292.5583	kellyhogancounselling@gmail.com	**Active***
Sarah Hopkins	RCT-21-002	St. Margaret's Bay	902.401.8499	sarah@sarahhopkinscounselling.ca	**Inactive**
Jeff Hosick	RCT-01-037	Halifax	902.678.0538	jeff@jeffreyhosick.com	**Active**
Ashely Hunter	RCT-21-024	Head of Jeddore		ashleyhunter2021@gmail.com	**Active**
J					
Danielle Jakubiak	RCT-21-057	Halifax		djakubiakmt@gmail.com	**Active***
Donnie Jeffrey	RCT-00-019			donnie.jeffrey@lifemark.ca	**Active**

Marlene Johns	RCT-18-023	Bedford	902.499.2107	marlenejohns@hotmail.com	**Active**
Brenda Johnson	RCT-15-002	Annapolis Valley	902.692.1662	soundconnectionstherapy@gmail.com	**Active**
Karen Johnston	RCT-00-061 **(CCS)**	Bedford	902.476.1221	kjhcounselling@outlook.com	**Active***
Belinda Josephson	RCT-00-024	Bridgewater	902.527.6767	g.josephson@eastlink.ca	**Inactive**
K					
Lorraine Keating	RCT-22-028	Halifax/Virtual	902.401.4353	cvjoshaughnessy@icloud.com	**Active***
Jocelynn Keilty	RCT-14-001	Amherst	902.667.3879	jocelynn.keilty@nshealth.ca	**Active**
Tara Lee Kelly	RCT-18-022	Bridgewater	902.527.7033	terraleekelly@gmail.com	**Active**
Erika Kirk	RCT-24-009 **(CCS)**	Blockhouse, NS	902.646.0090	erika.grounding.space@gmail.com	**Active**
Darlene Kyte	RCT-24-032 **(CCS)**	Sydney, NS	782.828.8114	darlenekyte@gmail.com	**Active***
L					
Michelle Labine	RCT-21-059	Lewis Lake / Online	519.949.1548	michelle@labinepsych.com	**Active***
Sara Lamb	RCT-07-003	Halifax/St. Margaret's Bay	902.473.0813	sara@saralamb.ca	**Inactive**
Midge Lane	RCT-00-005	Wolfville	902.542.1109	midgelane@outlook.com	**Inactive**
Andrew Leger	RCT-23-047	Halifax	902.473.9514	andyleger@yahoo.com	**Active***
Ron Lehr	**AA-109,** NSBEP: 0334	Port George	902.309.4165	ron.lehr@acadiau.ca	**Inactive***

Tanya Levy	**AA-112,** NSCSW:1751	Port Hawkesbury	902.631.5340	caperpoet@gmail.com	**Active***
Erica Lundberg	**AA-115,** NSBEP: R0931	Halifax	902.490.0090	erica@aulakhpsychology.ca	**Active**
M					
Sheila MacCrimmon	RCT-00-044	Halifax	902.877.1840	sheila.maccrimmon@gmail.com	**Active**
Jeff MacDonald	RCT-15-006	Dartmouth	902.489.9348	actualizecounselling@gmail.com	**Inactive**
Mora MacDonald	RCT-20-005	New Brunswick	506.364.7551	morabullydog@gmail.com	**Inactive**
Rebecca MacDonald	RCT-22-029	Kentville	782.821.3519	rebecca@adaptivemindset.ca	**Active**
Margaret MacDonell	RCT-14-002	Halifax	902.431.3916	mmc@bellaliant.net	**Inactive**
Linda MacDougall-Penner	RCT-20-014			linda.macdougallpenner@nscc.ca	**Active***
David MacKeigan	**AA-111,** NSCSW: 1942	Virtual	902.574.1937	contact@davidmackeigan.com	**Active***
Carolyn MacKenzie	RCT-00-057	HRM	902.489.8726	cmackenzie@shsh.ca	**Active***
Lisa Mader	RCT-10-003	Halifax & Virtual	902.221.6520	lisa.mader@nscc.ca	**Active***
Leland Maerz	RCT-13-007	Halifax	902.877.1840	guruleland@gmail.com	**Inactive**
Cynthia Manley	RCT-22-011	Bedford	902.759.5761	cmanley@shiftingtidesplaytherapy.com	**Active**
Deanne Matheson	**AA-121,** NSCSW: 6301	Sydney	902.595.0870	deanne@thrivecapebreton.com	**Active***
Derrick McEachern	RCT-13-003	New Minas	902.698.1194	derrick@fivestarwellbeing.com	**Active***

Jessica McEachern	RCT-24-061	Shubenacadie	902.789.4121	jessicamceachern@gmail.com	**Active***
Erica McGill	RCT-08-002	Wolfville	902.670.3576	ericajmcgill@acadiau.ca	**Inactive**
Rhonda McLean	RCT-13-001	Halifax	902.430.5670	rmclean065@gmail.com	**Active***
Janice Michels	RCT-22-002	Dartmouth	902.440.2267	janice@archwaycounselling.ca	**Inactive**
Ruth Mitchell	RCT-15-013	Truro	902.843.1303	ruth@soulspacect.ca	**Active**
Heidi Mitton	RCT-25-051	Granville Ferry, NS	902.890.8342	Heidi.mitton@nshealth.ca	**Active***
Sandra Murray	RCT-15-008	Halifax	902.521.4223	mariesandramurray@gmail.com	**Inactive***
N					
Jen Nickerson	RCT-25-051	Bridgewater/LaHave		jen@apricitywellness.ca	**Active**
P					
April Pater	RCT-21-051	Kentvillle/Virtual	902.774.3237	aprilpatercounselling@gmail.com	**Inactive**
Rob Pepper	RCT-25-027	Berwick	782.812.2221	robpepperpsychotherapy@gmail.com	**Active**
Natasha Pittman	RCT-26-032	Guysborough	604.313.7950	info@moodcounselling.com	**Active***
Terri Pitts	RCT-21-026	Antigonish	902.440.6737	terripittscounselling@gmail.com	**Active**
Sarah Pittoello	RCT-21-061			sarah@sarahpittoello.com	**Active**
Darlene Porter	RCT-12-009	Tidnish Bridge	902.669.0295	darleneporter@live.ca	**Inactive**

Gordon Power	RCT-17-001	Halifax	902.499.3757	gordonpower@eastlink.ca	**Inactive**
Sybil Power	RCT-23-052	Kentville & Virtual	902.698.7303	sybil.power@gmail.com	**Active**
R					
Jillian Rankin	RCT-21-006	Dartmouth	902.870.3448	jillian@calmingwaters.ca	**Inactive**
Sue Robinson	RCT-00-036	East LaHave	902.766.4432	suerobinson@eastlink.ca	**Active***
Maxie Rose	RCT-24-065	Amherst	902.690.7616	maxie.rose@icloud.com	**Inactive**
Eric Ross	RCT-17-004	Dartmouth	902.818.3245	eric@attunecounselling.ca	**Active***
Pamela Rubin	RCT-18-018	Halifax & Virtual	902.489.0944	pamelajanerubin@gmail.com	**Active**
Mercedes Ruiz Fernandez	RCT-20-037	Dartmouth	902.402.4232	info@ourhealingconnection.com	**Active***
S					
Holly Sher	RCT-21-016			hollysher@therapysecure.com	**Active**
Lori Slaunwhite	RCT-20-004	Bridgewater & Pictou	902.514.4144	lori@mindfulpath.ca	**Active***
Maya Sloan	RCT-21-044	Halifax	902.499.3428	maya@mayasloan.ca	**Active***
Derek Smith	RCT-21-048	Halifax		derek@verdantcounselling.ca	**Active***
Jennifer Smith	RCT-21-019			jennsmithcounselling@gmail.com	**Inactive**
Jules Smith	RCT-20-027	Halifax (virtual)	902.417.5077	info@insightmentalhealth.ca	**Active**

Gina Spidle	RCT-20-036	Coldbrook	902.680.2612	gina@newleafcounsellingservices.ca	**Active**
Ashley Spinney	**AA-120,** NSCSW: 7895	Antigonish	902.448.4468	ashley@mindhousewellness.com	**Inactive**
Kristen Steeves-Green	RCT-23-042	Caledonia	902.682.7285	kristengreene14@gmail.com	**Inactive**
Elizabeth Stephen	RCT-01-013	Halifax	902.229.6666	elizabeth.stephen@ns.sympatico.ca	**Inactive**
Kim Strange	RCT-16-003	Dartmouth	902.225.4970	kim@kimberlystrangecounselling.ca	**Active***
Philip Street	**AA-114,** NSBEP: R0071	Blockhouse	902.529.1559	philip.street@bellaliant.net	**Inactive**
Laurie Suitor	RCT-21-056	Port Hawkesbury	902.302.0869	lsuitorcounselling@gmail.com	**Active***
Tanya Surette	**AA-100,** NSBEP:R0933 **(CCS)**	Kentville	902.309.0673	info@valleyinnerspace.ca	**Active***
T					
Ashley Ticknor	RCT-22-008	Virtual	709.835.0270	ashley@changecreateschange.com	**Active***
Nigel Tinker	RCT-21-046	Bridgetown	902.309.0491	nigeltinker@localsolutionscounsellingtherapy.ca	**Active***
Lynn Toole	RCT-00-055	Truro	902.957.0087	lynnatoole@gmail.com	**Active**
Heather Topshee	RCT-17-002	Halifax	902.448.3342	htopshee@gmail.com	**Active***
Nathan (Natyé) Torti	RCT-17-022	Bedford	902.977.2244	nathan@wildarttherapy.com	**Active***
V					
Cameron Voegeli	RCT-21-033	Halifax	902.814.6052	cameron@cdtherapy.ca	**Inactive***

Derek Voegeli	RCT-21-027	Truro	902.536.1881	frederick.voegeli@gmail.com	**Active**
W					
Julia Wassef	RCT-21-022 **(CCS)**	Wolfville	902.697.2281	juliawassefcounselling@gmail.com	**Active***
Jennifer Welcher	RCT-21-018 **(CCS)**	Bedford	902.229.0948	deservecounselling@gmail.com	**Active***
Julia Wiens	RCT-24-054	Dartmouth	604.302.0185	juliawienstherapy@gmail.com	**Active**
Nanci Wojcik	RCT-20-018	Bedford	902.233.8685	nanciwojcik@hotmail.com	**Active***
Melyssa Wood	RCT-21-020	Dartmouth	902.482.8020	melyssa@mwwellness.ca	**Active**
Alex Wolf	RCT-21-007	Halifax	902.903.6454	alex@wolfct.ca	**Active**
Z					
Nick Zwaagstra	RCT-11-004	Halifax	902.499.4354	nzwaag@ns.sympatico.ca	**Inactive**

PURPOSE

To assist RCT-C applicants in finding a qualified candidacy supervisor.

To expedite the process of approving supervisor-candidate pairs.

Approved: December 2020 **|** Effective: December 2020 **|** Revised: July 2023